

BUILDING HOPE, EMPOWERING CHANGE

SF24



EUROPE (GMT+1) 2PM



THE AMERICAS (CT) 3PM



AUS/NZ (AEST) 11AM



ASIA (SGT) 3PM

6-7TH AUG 2020

24HR GLOBAL ONLINE CONFERENCE
FOR THE SOLUTION FOCUSED COMMUNITY
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Conference Program

Program Summary:

EUROPE (UK time)

Time slot	Session title	Presenter(s)
2:00 – 2:30pm	Welcome!	Steve Flatt, Paul Z. Jackson and Janine Waldman
2:30 – 3:30 pm	Bridges to a Better Future	Haesun Moon, Elliot Connie, Mark McKergow, and host Paul Z Jackson
3:30 – 4:30 pm	Solution Focus Reflecting Teams	Owen Charnley
3:30 – 4:30 pm	S.O.L.U.T.I.O.N – Continuous improvement of processes	Cristina Mühl and Marco Matera
3:30 – 4:30 pm	The use of SF Approaches in NHS Community Physical Health Settings during COVID-19: Methods, Outcomes, and Reflections	Becky Simm, Jo Iddon, Mark Guyers, Louise Mercer, and Rebecca Hunter
3:30 – 4:30 pm	Four ways I have used SFBT with football clubs	Morgan Lewis
3:30 – 4:30 pm	What Happens in the Brain During Solution Focused Trance?	Rachael Gillibrand
3:30 – 4:30 pm	Applying Microanalysis of Face-to-Face Dialogue: How we co-construct hope and change in dialogue	Dominik Godat and Elfie Czerny
3:30 – 4:30 pm	Staying Resilient in Testing Times	Janine Waldman
3:30 – 4:30 pm	SF Clinic	Catherine Mallorie
4:30 – 5:00 pm	Networking	Steve Flatt and Paul Z Jackson
5:00 – 6:00 pm	Building Global SF Networks	Andrew Gibson

6:00 – 7:00 pm	Big Issue - Small Steps: How an exhausted sales team found their solution for empowerment	Doris Regele
6:00 – 7:00 pm	SF in schools and Beyond - a student lead approach	Tara Gretton, Will Reed
6:00 – 7:00 pm	SF Tools in Other Professions/Fields	Alan Kay, Marco Matera and Stephanie Hammer, and host Cristina Mühl
6:00 – 7:00 pm	Child to Parent Abuse- The Solution Focused Approach	Joe Lettieri and Ayse Adil
6:00 – 7:00 pm	Accelerate the Magic of your SF Practice by Exploring Sculptures, Buildings, and the "Spaces In-Between"	Naomi Whitehead and Naomi Saxton
6:00 – 7:00 pm	Anything for a Smile	Fredrike Bannink & Eline Kuiper
6:00 – 7:00 pm	Using Solution Focused Approaches with the very ill	Dorothea Read & Rachael Gillibrand
6:00 – 7:00 pm	SF Therapy and SF Coaching - similarities, differences and border territories explorations	Svea van der Hoorn and Kirsten Dierolf
6:00 – 7:00 pm	SF Clinic	Catherine Mallorie
7:00 – 7:40 pm	Networking Options	Steve Flatt and Paul Z. Jackson
7:40 – 8:00 pm	Handover to the Americas	

THE AMERICAS (CST time)

Time slot	Session title	Presenter(s)
2:00 – 2:15 pm	Handover and Opening Ceremonies	
2:15 – 3:00 pm	Plenary 1 - Solution Focused Approach to Social Justice	Elliott Connie
3:00 – 4:00 pm	Social Justice Panel	Elliott Connie, Alan Kay, and Bekka Ouer
3:00 – 4:00 pm	Intro to Solution Focus Therapy – Spanish	Marcos Perez Lamadrid
3:00 – 4:00 pm	Hoping for Change: Operationalizing Hope in Single Session Therapy	Alesya Courtnage
4:00 – 4:15 pm	Break	
4:15 – 5:00 pm	Plenary 2 – SF Language in Organizations	Alan Kay, Richard Toker and Cristina Mühl
5:00 – 6:00 pm	Helping Children Chase away Worry	Semiramis du Sautoy
5:00 – 6:00 pm	Speeding Up Social Change	Alan Kay and Cristina Mühl
5:00 – 6:00 pm	Research Panel - Bringing Research into the Therapy Room	Adam Froerer, Beverley Kort, Kristin Bolton, and Sara Smock Jordan
6:00 – 6:15 pm	Break	
6:15 – 7:00 pm	Plenary 3 – Fostering Resilience and Post-Traumatic Growth	Brigitte Lavoie
7:00 – 7:50 pm	SFBT in the LGBTQ Community	Bekka Ouer
7:00 – 7:50 pm	From Problems to Solutions	Kathy Crowley
7:00 – 7:50 pm	(Restorative) JUSTICE With a Solution-Focused Approach	Sofie Geisler
7:50 – 8:00 pm	Handover to Australasia	

AUSTRALASIA (AEST time)

Time slot	Session title	Presenter(s)
11:00 – 11:30 am	Handover and Opening Ceremonies	
11:30 – 12:30 am	How to Set Up Boundaries Using SF Approach	Alina Kibbel
11:30 – 12:30 am	"How do you know what's working?"	Rod Sherwin
11:30 – 12:30 am	"From feeling hopeless to feeling hopeful": ...	Joe Chan and Joanna Khor
12:30 – 1:00 pm	Conversations that Create Change in At-Risk Diabetes Patients	Marabelle Heng
12:30 – 1:30 pm	Strong Teaming with Solution-Focused	Adam Lim
12:30 – 1:30 pm	Using the Power of Lists to Create Change with Clients	Adrian Holmes
1:00 – 2:00 pm	Resilience Doughnut	Lyn Worsley
1:30 – 2:30 pm	Action, Hope, and Transformation in Australian Veteran Wellbeing	Jacqui Van de Velde
1:30 – 2:00 pm	He ahihi pokopoko - Creating Hope	Andrea Lemm
2:00 – 3:00 pm	Leading Projects More Effectively in a VUCA Environment	Douglas Yuan
2:30 – 3:30 pm	Conversations in Custody	Emma Burns
2:00 – 3:00 pm	Therapeutic Conversations that Create Change – The gift of hypnosis after Milton Erickson	Dr. Rob McNeilly
3:00 – 4:00 pm	Tuning into the Good	Stephanie Schwarz
3:30 – 4:30 pm	What Happens When we Stretch SF Worlds?	Carey Glass and Sofie Geisler

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ASIA (SGT) 3PM

3:00 – 4:00 pm	Using the Solution-Focused Approach with Small Groups	Matt Cameron
4:00 – 4:30 pm	SF and Trauma	Eva Corson
4:30 – 5:00 pm	Handover to Asia	

ASIA (SST time, for India, -2.5 hrs)

Time slot	Session title	Presenter(s)
3:00 – 3:30 pm	Welcome	
3:30 – 4:30 pm	Plenary Session	Panelists from China, Taiwan, Hong Kong, Singapore
4:30 – 6:30 pm	Hangzhou	
4:30 – 6:30 pm	Beijing	
4:30 – 6:30 pm	Taiwan	
4:30 – 5:00 pm	Transforming to the New Norm – Solution-Focused Applications in Customer Service	Richard Teo
4:30 – 5:00 pm	SF + Gamification = ?	Ee Mong Lan
5:00 – 5:30 pm	Magic Questions for Career Coaching	Goh Hwee Khiang
5:00 – 5:30 pm	Building Resilient Leaders Amid Leadership Loneliness	Diana Chee
5:30 – 6:00 pm	Solution-Focused for Business	Kevin Wong
5:30 – 6:00 pm	Solution-Focused Therapeutic Conversation: Neuro-psycho-physiological Changes	Jaseem Koorankot
6:00 – 6:30 pm	BRIEF For Leader as Coach	Simon Lee
6:30 – 7:30 pm	Tackle your Challenge, Just Simple!	Ella de Jong
6:30 – 7:30 pm	How to Teach the Principles of SF to Ordinary People	Ben Furman
6:30 – 7:30 pm	Being Solution-Focused During a Pandemic	Annette Gray
6:30 – 7:30 pm	Designing Solution-Focused Radical Help	Guy Shennan, Marc Gardiner, and Carolyn Emmanuel

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6:30 – 7:30 pm	The 3-Legged Quality Pot: Self-Regulation Talk with Humor, Self-Compassion and Rigor	Svea van der Hoorn
7:30 – 8:30 pm	Plenary Session	International Panelists
8:30 – 9:00 pm	Closing Ceremony	

Region: EUROPE

Title	Bridges to a Better Future
Timeslot	2:30 – 3:30 pm UK
Presenter(s)	Haesun Moon Elliott Connie Mark McKergow Paul Z Jackson
Bio(s)	Haesun Moon is a communication scientist, leading expert and educator on evidence-based coaching and the use of language in transforming workplace dialogues. A Harvard faculty member at the Institute of Coaching (McLean Hospital Affiliate, Harvard Medical School), she has authored both academic books and practice-oriented manuals for dialogic intelligence including Thriving Women, Thriving World (TAOS Institute), Curating Stories of Care: Appreciative and Relational Practices in Healthcare (TAOS Institute). Her academic and professional research in coaching dialogues and pedagogy from the University of Toronto introduced a simple coaching model, Dialogic Orientation Quadrant (DOQ), that has transformed the way people coach and learn coaching worldwide. As an educator, she is currently providing faculty development and leadership learning to interprofessional and interdisciplinary organizations worldwide. Haesun teaches at the University of Toronto and serves as Executive Director at the Canadian Centre for Brief Coaching.

Session description

Solution-focused luminaries Haesun Moon, Elliott Connie and Mark McKergow discuss implications of a Covid-changed world from an SF perspective, with host Paul Z Jackson. What's been working well face-to-face and what's been working well virtually? How do we bring the best of both into the future? Recipes for success in the Next Normal. What impact can SF practice make in larger organisations, communities, councils, and politics? What might we do, what questions might we pose? What's especially SF about any of this?

Region: EUROPE

Title

Building Global SF Networks

Timeslot

5:00 – 6:00 pm UK

Presenter(s)

Andrew Gibson

Bio

Andrew is a Solution Focused coach, trainer, speaker and author bringing the benefits of SFP to entrepreneurs and charities. Based in Leeds, UK, Andrew works globally on Zoom. He is a specialist in helping people become specialists in their clients and customers so they can help more people. His clients grow their business, their practice, and their incomes. He regularly helps people in one session, and is a known expert in networking and the power of engaging stories. His latest book, 'Make Life Simple' explains how social capital works with SFP to deliver beneficial change for individuals, teams, communities and organizations.

Session description

Would you like to build and sustain a network in a solution focused way? Would you like to enjoy every networking conversation? Would you like to find introductions and referral opportunities for yourself and your network? This SF

Networking workshop will deliver all these things and more! SF Networking is about helping people, making a difference, and making an introduction when you spot someone with a need, and you know someone who can help that need. Come to this workshop and meet colleagues from around the world, and let's help each other build a Global SF Network.

Region: EUROPE

Title	S.O.L.U.T.I.O.N - Continuous improvement of processes
Timeslot	3:30 – 4:30 pm UK
Presenter(s)	Cristina Mühl Marco Matera
Bio	Cristina's background in compliance, audit, consulting and international business arena made her realize how important coaching was in the current scenario of corporate world. She specializes in coaching organizations and individuals with compliance, audit, and risk management background. Cristina is also very strongly involved in supporting female employees to reach equal opportunities, develop and reach their full potential. Graduate in Industrial chemistry, Board-level consultant with specialisms in Human Resources & Organisational Development. Trainer and member of AIF (the Italian Association of Trainers), expert in NLP and systemic coaching. I lead individual and group coaching sessions, management development programs, trainers' training, and personal development group. I'm active member and co-founder of the Italian Constellation Association.

Session description

What would happen when Solution Focused approach is mixed with a management method used for control and continuous process improvement?

That was also our curiosity. As professionals coming with a back-ground in sciences (Cristina studied Math and Mateo Chemistry), we felt the need to understand how SF concepts can be used to bring improvement in other fields.

Starting from process improvement, we have added 2 concepts that are extremely valuable in coaching: thank for the encounter and recognize the work done.

SOLUTION Select – Organize-Locate-Undertake-Thank-Inspect-Observe-New

Region: EUROPE

Title

Applying Micro-Anaylsis of Face-to-Face Dialogue: How do we co-construct hope and change in dialogue

Timeslot Presenter(s)

3:30 – 4:30 pm UK
Elfi Czerny
Dominik Godat

Bio

Elfie J. Czerny & Dominik Godat are solution-focused practitioners, authors, trainers, and founders of SF on Tour and the Center for Solution Focused Leadership and Conversations in Switzerland. They host the SIMPLY FOCUS podcast and are passionate about bringing more meaningful dialogues into the world. In the last few years they developed integrated Microanalysis of Face-to-Face Dialogue concepts and trainings that help to apply and optimise your SF practice. In 2018 Elfie & Dominik together with their

Session description

daughter received the Steve de Shazer memorial award of the SFBTA for innovations in SFBT.

With Microanalysis of Face-to-Face Dialogue, we can see in detail how we co-construct meaning in conversations. Join us in this 1-hour session where we explore, with this lens that Microanalysis offers us, how we can specifically co-construct hope and change together with our clients. We go through parts of a video recording of a real SF session and observe together how our questions, formulations, generic listeners responses, and more contribute to the co-construction of hope and change in dialogues. With this you might also get inspired to see how you can apply Microanalysis of Face-to-Face Dialogue to your own conversations.

Region: EUROPE

Title

Staying Resilient in Testing Times

Timeslot

3:30 – 4:30 pm UK

Presenter(s)

Janine Waldman

Bio

Janine is a coach, consultant, facilitator and author who has introduced thousands of professionals, managers and coaches to solutions-focused approaches. Co-owner and director of international consultancy The Solutions Focus, she is passionate about engendering sustainable change, working with a broad range of organisational clients, and has held senior HRD positions in UK and New Zealand multi-nationals. A Fellow of The Chartered Institute of Personnel and Development, visiting lecturer at Birkbeck and Westminster Universities, Janine presents at business schools on SF

Session description

approaches. She is co-author of 'The Resilience Pocketbook' and 'Positively Speaking: The Art of Constructive Conversations with a Solutions Focus'

Let's meet and collectively build our resilience, and enhance our wellbeing.
In the current climate of challenge and uncertainty, how do we get ourselves ready to meet the world in a resourceful state, ensuring we are mentally and emotionally equipped to deal with whatever comes our way?
During this interactive webinar we'll:

- Explore the four dimensions of resilience: social, mental, physical and emotional
- Learn how to promote feelings of hope, capability and success rather than fear, difficulty and failure

Region: EUROPE

Title

The use of SF Approaches in NHS Community Physical Health Settings during COVID-19: Methods, Outcomes, and Reflections

Timeslot

3:30 – 4:30 pm UK

Presenter(s)

Becky Simm
Jo Iddon
Mark Guyers
Louise Mercer
Rebecca Hunter

Bio

We are thought of as a thriving and innovative NHS service, led by Dr Dominic Bray (Consultant Clinical Psychologist), with a strong SF ethos. We work with patients with long

Session
description

term physical health conditions/cancer, using solution focused approaches to help people and communities build their sense of 'living well'. We also work closely with expert patient volunteers, community partners and other health professionals/staff teams, and, like many services, have developed our 'virtual reach' in recent months. We won a Nesta "Good Help" Award in 2018 for our work in co-constructing care with patients and expert patient partners.

During the Covid-19 pandemic, Solution Focused approaches have been incredibly useful. As one of our senior psychologists recently reflected "I don't know what I would have done in my work in recent times, if I didn't know about solution focused approaches". In this presentation, a range of staff and expert patient volunteers from our service aim to showcase some of the projects (and outcomes) we have been working on in our NHS setting. This will include projects such as virtual SF group work with patients with long term conditions (pain, mindful living etc), SF training with social prescribers and volunteers from "Living Well Sefton", NHS staff wellbeing work; and also a model for SF risk assessment, which multi-disciplinary teams have found useful. We anticipate the presentations will take around 40 mins, with 20 mins for questions and interaction with the audience, creating a brief forum to share and reflect on "what works" in NHS/health settings.

Region: EUROPE

Title	Four ways I have used SFBT with football clubs
Timeslot	3:30 – 4:30 pm UK
Presenter(s)	Morgan Lewis
Bio	Morgan works in the pharmaceutical industry but uses SFBT mostly in sport. He was a professional footballer back in the day.
Session description	I will describe how I have used SFBT in coach reviews, player reviews, a group of defenders, and players experiencing a confidence dip

Region: EUROPE

Title	What Happens in the Brain During Folution Focused Trance?
Timeslot	3:30 – 4:30 pm UK
Presenter(s)	Rachel Gillibrand
Bio	Dr Rachel Gillibrand is Director of the Clinical Hypnotherapy School and a Health Psychologist in private practice in North Somerset using solution focused approaches with clients with a range of health concerns.
Session description	Using evidence from EEG studies, we will discuss what happens in the brain during solution focused therapy and how this stimulates the creativity areas of the brain. This workshop will present the evidence we have collected and suggest that solution focused conversation can create

‘Eureka!’ moments for our clients, which could be why solution focused practice can produce such rapid results.

Region: EUROPE

Title	Big Issue - Small Steps. How an exhausted sales team found their solution for empowerment
Timeslot	6:00 – 7:00 pm UK
Presenter(s)	Doris Regele
Bio	Doris is founder & Managing Partner of Redmont GmbH, an organizational development consulting firm, with more than 25 years of international experience with corporations, NPOs and family businesses – living and working in Austria, Germany and the US. My key areas are organizational, leadership and team development in a solution focused way. I like the co-creating approach, seeing the clients as experts of their situation, and doing small steps in the direction of the best hopes for the future. Solution Focus is important to me since the early 90’s when I got to know Insoo Kim Berg via an online training.
Session description	We’ll take a look at one of my clients, where an exhausted sales team discovered for themselves what "healthy cooperation" means, and how they managed to use solution focus to jointly define their framework for their psychological and social well-being. Together we developed a model of a “power tank” which helped them to better understand and positively influence their individual and team situation and performance. A journey of discovery that may also help for

everyday situations of the participants with some fine take-aways.

Region: EUROPE

Title	Solution Focused Tools in Organizations
Timeslot	6:00 – 7:00 pm UK
Presenter(s)	Cristina Mühl Alan Kay Marco Matera Stephanie Hammer
Bio	Cristina’s background in compliance, audit, consulting and international business arena made her realize how important coaching was in the current scenario of corporate world. She specializes in coaching organizations and individuals with compliance, audit, and risk management background. Cristina is also very strongly involved in supporting female employees to reach equal opportunities, develop and reach their full potential. Alan Kay is a Solutions Focused change solutions consultant supporting clients in areas such as strategic planning, brand and customer experience implementation, stakeholder consultation and client-supplier alignment. He works with individuals and groups in Canada, the US, the UK and Europe with Solution Focus applications – planning, stakeholder consultations, training etc. Alan’s body of work has been featured in a variety of books and journals. Alan teaches executive development students at Schulich School of Business and is a peer-reviewed member of SFCT.

Session description

Graduate in Industrial chemistry, Board-level consultant with specialisms in Human Resources & Organisational Development. Trainer and member of AIF (the Italian Association of Trainers), expert in NLP and systemic coaching. I lead individual and group coaching sessions, management development programs, trainers' training, and personal development group. I'm active member and co-founder of the Italian Constellation Association.

Stephanie Hammer is a Design Thinking Coach and trainer. She uses the Solution Focus approach with Design Teams to enable them to appreciate each other and "crazy ideas", collaborate and co-create, get unstuck, notice opportunity and move forward together.

Stephanie has 20 years of experience working in international companies. She is also a published author of a non-fiction book on innovation in the trading industry. She is certified as a Design Thinking Coach from the Hasso-Plattner-Institut. Stephanie holds a master's degree in International Relations from the London School of Economic and a Bachelor's from Bryn Mawr College in Spanish Literature.

SF24 – Building Hope, Empowering Change aims at bringing the concepts of Solution Focused closer to all professionals and opening the door for interested professionals to explore and understand them.

The aim of the session is to bring practical examples of Solution Focused applications in different industries/ domains of study and show how non-professionals can benefit from them. By slowly discovering the power of Solution Focused tools and how they can be applied in organizations, in the corporate world and also in our day-to-

day life, participants should feel empowered to embrace them and transform theory into practical applications. Each panel member provides a different perspective: Alan brings concepts and tools related to strategy development, Marco has a wonderful collection of tools and gadgets to day-to-day life, Stephanie brings the mix of Design Thinking – prototyping and Stefan, integration of SF in corporations. All perspectives are pieces of a kaleidoscopes.

Region: EUROPE

Title	From Problems to Solutions
Timeslot	6:00 – 7:00 pm UK
Presenter(s)	Kathy Crowley
Bio	Kathy Crowley, MSW, LCSW has been a social work practitioner for over 30 years. Kathy was first introduced to Solution-Focused Brief Therapy in 1990. Since that time she has been able to incorporate SFBT in her work with teens in a residential treatment, in out-patient agencies, with terminally ill people and their families and with a wide variety of people in private practice. For the past two years, Kathy has been using SFBT as a model for providing supervision to Social Work interns in a school based setting. Kathy has been teaching clinical social work classes at Arizona State University for the past 15 years.
Session description	In this presentation, Kathy will address the professional shift necessary to focus the belief that everyone who attends services is motivated, capable of change and significantly more than a diagnosis or problem. The presentation will

address the issue of clinician privilege and the need to work with the person attending services to identify their Best Hopes using the resources they bring or have available to them. She will address the strengths of SFBT and the powerful impact of providing hope for a future defined by the person receiving services.

Region: EUROPE

Title	The SF24 Solution Focused Clinic
Timeslot	6:00 – 7:00 pm UK
Presenter(s)	Catherine Mallorie, Elaine Way, Cristina Mühl, Owen Charnley, Morgan Lewis, & others tbc
Bio	The SF24 2020 Solution Focused Clinic is brought to you by a hand-picked team of Solution Focused practitioners, all experienced in delivering transformational Solution Focused change.
Session description	This is your chance to get Solution Focused inspiration and insight for your own life, whatever you'd like to improve, with your own free 60-minute 1-1 Solution Focused session. Full confidentiality naturally guaranteed.

Region: EUROPE

Title	Accelerate the magic of your SF Practice by exploring sculptures, buildings, and the "spaces in-between"
Timeslot	6:00 – 7:00 pm UK
Presenter(s)	Naomi Whitehead Naomi Saxton
Bio	Naomi Whitehead is an international solution-focused practitioner, coach, therapist and trainer. Naomi has 20 years experience in management, mental health, social care, harm reduction and homelessness. Naomi represents the UK on the EBTA board and is the founder of https://www.naomiwhiteheadtraining.org co-founder of https://focusflow.co.uk and associate trainer at http://www.solutionfocused.training
Session description	Using evocative and beautiful photographs of sculptures and perspectives within architectural environments we'll investigate what the "spaces in-between" offer in terms of presence, perspective, skills, strengths and freedom. We'll invite participants to interact with the images, discuss what arises and link this to solution-focused coaching, therapy and training, playfulness, equality and compassion. We'll show a video and discuss feedback received about how standing in certain spaces in new ways, pausing and being in silence has lead to a unique and particular personal power and lightness of being and enabled significant individual and organisational change. We'll conclude with a "spaces in between" skills practice.

Region: EUROPE

Title	The Solution Focused Approach
Timeslot	6:00 – 7:00 pm UK
Presenter(s)	Ayse Adil Joe Lettieri
Bio	Ayse Adil co-founded Family Based Solutions in 2012 whilst working at a secondary school. Ayse came across a child to parent case and quickly discovered there was no support for families experiencing such challenges. Ayse has played a crucial role in the development of the project and the add on projects that followed. Ayse has been practicing SF since 2014 and was trained by BRIEF in London and Solution Focused Trainers. Joe Lettieri co-founded the charity Family Based Solutions in 2012 to support families where there is child to parent abuse. Joe's previous roles have included volunteering at Victim Support and mentoring young people at secondary school. Joe has played a crucial role in the development of the Family Based Solutions to include domestic abuse recovery, an SF school's programme, support groups and a new perpetrator programme. Joe has been practicing SF since 2014 and has been trained by BRIEF in London and Solution Focused Trainers.
Session description	In this workshop we will look at two Child to Parent abuse case studies where we will explore: Context Family expectations Supporting families with other services

Working towards best hopes
Promoting safer relationships
Why a solution focused way of working breaks down barriers

Region: EUROPE

Title	Anything for a Smile
Timeslot	6:00 – 7:00 pm UK
Presenter(s)	Fredrike Bannink Eline Kuiper
Bio	Fredrike Bannink is a clinical psychologist and lawyer, based in Amsterdam, the Netherlands. She is an international keynote speaker, trainer and author of 50 books. Eline Kuiper is an organisational psychologist. She is an HR manager in a hotel in Amsterdam, the Netherlands. Together with Fredrike Bannink and Ozgur Eylen she published the Dutch book: The Power of Hospitality A new concept in organisations.
Session description	In this workshop we will look at the power of hospitality in organisations, seen from a positive psychology perspective and a solution-focused perspective.

Region: EUROPE

Title	Children and Young People taking the Lead
Timeslot	6:00 – 7:00 pm UK
Presenter(s)	Tara Gretton Will Reed
Bio	The founder of solution revolution is an accredited solution focused practitioner, consultant, trainer and social worker. Tara has extensive experience of using the Solution Focused approach with children, young people and their families across Bath, Bristol and Wiltshire in schools and in the community supporting them to achieve their best hopes. Tara believes that children and young people should be at the forefront of everything we do! Will Reed has just finished high school in the U.K., where he was a part of the school mental health team that was trained in basic Solution Focussed Practise. He is really looking forward to receiving more training and getting more involved with the SF community! He is also a Youth Advisor for Boys in Mind, an organisation that aims to prevent suicide in Boys and Young Men, and he has been to using his SF training to help write resources and short films with the organisation in a more positive focused way
Session description	Will and Tara will have a conversation about how they have worked together to bring SF into schools and the wider community and how Will is now being trained to become an SF practitioner, so that he can take SF wherever he goes. What's been useful about this process? What do the adults do and don't do? What difference has SF made to how the

young people interact with each other? What have Will and Tara learnt from each other and what are the possibilities for the future?

We would like you to explore this together with us in a co-constructive conversation and to see where it may take us in our future interactions with children and young people.

Region: EUROPE

Title	Using Solution Focused Approaches with the very ill
Timeslot	6:00 – 7:00 pm UK
Presenter(s)	Dorothea Read Rachel Gillibrand
Bio	Dorothea Read is Director of the Hospital Hypnotherapy Service at University Hospital Wales in Cardiff and in her work with clients there, she has gained significant experience in using the solution focused approach. Dr Rachel Gillibrand is Director of the Clinical Hypnotherapy School and a Health Psychologist in private practice in North Somerset using solution focused approaches with clients with a range of health concerns.
Session description	People who are very ill are frequently disenfranchised by their illness and their treatment needs. Solution focused conversation can restore personal agency, bring empowerment and strengthen the client voice in their health care needs. Drawing on examples from work with clients in chemotherapy, in chronic pain, and with Crohn's and Colitis, this work shop will describe our approach to client work and

provide attendees with opportunities to develop their own skills in working with clients with a full range of significant health concerns using the solution focused approach.

Region: EUROPE

Title	SF Therapy and SF Coaching - similarities, differences and border territories explorations
Timeslot	6:00 – 7:00 pm UK
Presenter(s)	Svea van der Hoorn Kirsten Dierolf
Bio	Svea van der Hoorn started out her SF practice in the therapy context and then trained as a professional coach. She holds both Educational Psychology registration and an ICF-MCC credential. Kirsten Dierolf holds an ICF MCC credential and is owner of Solutions Academy which offers online ICF-CTP coach training programmes. She has extensive experience in workplace coaching. Both have a love for, and a longstanding interest in the Solution Focused approach.
Session description	In this interactive session, join us in reflecting on the similarities and differences between SF Therapy and SF Coaching. Add your illustrations to our examples from practice. Let's explore how context informs working in the border territories.

Region: THE AMERICAS

Title	Plenary 1 - Solution Focused Approach to Social Justice
Timeslot	2:15 – 3:00 pm CST
Presenter(s)	Elliott Connie
Bio	Elliott Connie, MA, LPC is a psychotherapist that practices in Keller, Texas. He has worked with thousands of individuals, couples, and families applying the solution focused approach to help them move their lives from the current problems towards their desired futures. He is the founder and Director of The Solution Focused University, an online learning community that also conducts trainings to help professionals master the Solution Focused Approach in their work. He is recognized around the world speaking at national and international conferences and events in such places as throughout the United States, Australia, New Zealand, Germany, South Africa, Russia, Switzerland, England, Poland, Sweden, Denmark, Scotland, Holland, Canada, and Asia training practitioners to apply solution focused questions and techniques in their work. He has authored or co-authored 4 books including “The Art of Solution Focused Therapy”, “Solution Building in Couples Therapy”, “The Solution Focused Marriage”, and “Solution-Focused Brief Therapy with Clients Managing Trauma”.

Region: THE AMERICAS

Title	Social Justice Panel
Timeslot	3:00 – 4:00 pm CST
Presenter(s)	Elliott Connie Alan Kay Bekka Ouer
Bio	Elliott Connie, MA, LPC is a psychotherapist that practices in Keller, Texas. He has worked with thousands of individuals, couples, and families applying the solution focused approach to help them move their lives from the current problems towards their desired futures. He is the founder and Director of The Solution Focused University, an online learning community that also conducts trainings to help professionals master the Solution Focused Approach in their work. He is recognized around the world speaking at national and international conferences and events in such places as throughout the United States, Australia, New Zealand, Germany, South Africa, Russia, Switzerland, England, Poland, Sweden, Denmark, Scotland, Holland, Canada, and Asia training practitioners to apply solution focused questions and techniques in their work. He has authored or co-authored 4 books including “The Art of Solution Focused Therapy”, “Solution Building in Couples Therapy”, “The Solution Focused Marriage”, and “Solution-Focused Brief Therapy with Clients Managing Trauma”. Alan Kay has been leading and facilitating action-oriented change for his entire career.

A fully recovered ad guy, Alan was first trained in Solution Focus at the Hinks-Dellcrest in Toronto. He has since worked using SF for a broad range of sectors and organizations – from banks to children’s aid. The applications he works on for clients include strategic planning, customer experience, and developing student-centric learning environments. His well-received book, ‘Fry the Monkeys, Create a Solution’, has sold in many countries.

Rebekka Ouer is a clinical social worker who specializes in solution focused work with the LGBT community. She owns and operates Dallas Rainbow Counseling, a private practice in Dallas, Texas that has been serving this community since 2011. She has served as an adjunct professor at UTA’s School of Social Work and she is also a clinical supervisor for LMSW’s in Texas.

She frequently conducts trainings about Solution-Focused Brief Therapy and the LGBT community and has authored a book from Routledge Publications: Solution Focused Brief Therapy with the LGBT community: Creating Futures through Hope & Resilience.

Region: THE AMERICAS

Title	Cuales son tus mejores esperanzas? (como esto suena en español)
Timeslot	3:00 – 4:00 pm CST
Presenter(s)	Marcos Pérez Lamadrid
Bio	Marcos Pérez Lamadrid, es psicólogo, especialista en psicología clínica y terapia familiar. Durante los últimos diez años es un entusiasta practicante de SFBT en soluciones. Además de la Práctica privada, trabajó con pacientes con cáncer terminal, en escuelas, y actualmente trabaja en un proyecto de cultura de paz de la Universidad Mayor de San Andrés.
Session description	El enfoque en soluciones como una manera de reconocernos, generar confianza y descubrir lo hermoso de nuestras culturas. Entonces: ¿Qué hace tan especial el proceso de la TBCS? ¿Qué influencia tiene el uso del lenguaje en el contexto latinoamericano? Conoceremos al SFA como una manera de conexión respetuosa basada en la esperanza. Donde el proceso es una experiencia extraordinaria que abre oportunidades a partir de valorar a cada persona en su entorno cultural. Anímate a escuchar historias de supervivencia, logros y reencuentros, conociendo los superpoderes de cada persona a partir de usar preguntas simples pero especiales. ¡Descubriremos el poder del lenguaje!

Region: THE AMERICAS

Title	Hoping for Change: Operationalising Hope in Single Session Therapy
Timeslot	3:00 – 4:00 pm CST
Presenter(s)	Alesya Courtnage
Bio	Alesya received a Masters of Arts degree from Drexel University in Philadelphia, PA in 2001 and has been practicing as a psychotherapist in different mental health settings ever since. In 2008 Alesya attended her first workshop in the Solution Focused Approach and fell in love with the hope, optimism and respect that drives this way of working with others. Currently, Ontario is the epicentre of mental-health walk-in clinics and her clinical work in this area inspired Alesya to become interested in the potential of Single Session Therapy both as a service delivery model and as an effective clinical intervention. This passion has led her to both lead and attend trainings in Single Session Therapy around the world. Alesya is currently completing a PhD in Social Work at Wilfrid Laurier University. Her area of research is connected to risk management and the integration of brief and traditional service delivery models.
Session description	Single session therapy (SST) is currently at the forefront of conversations about mental health services as it represents the possibility of a clinically effective solution to lengthy wait times and barriers to accessibility. However, there is limited understanding about what accounts for the rapid change that clients experience after a single conversation. This workshop

will explore the use of Hope as a change agent in order to maximize impact when time is short.

Region: THE AMERICAS

Title	Plenary 2 - Applying SF Language in the Organisation
Timeslot	4:15 – 5:00 pm CST
Presenter(s)	Alan Kay Richard Toker Cristina Mühl
Bio	Alan Kay has been leading and facilitating action-oriented change for his entire career. A fully recovered ad guy, Alan was first trained in Solution Focus at the Hinks-Dellcrest in Toronto. He has since worked using SF for a broad range of sectors and organizations – from banks to children’s aid. The applications he works on for clients include strategic planning, customer experience, and developing student-centric learning environments. His well-received book, ‘Fry the Monkeys, Create a Solution’, has sold in many countries. Cristina’s background in compliance, audit, consulting and international business arena made her realize how important coaching was in the current scenario of corporate world. She specializes in coaching organizations and individuals with compliance, audit, and risk management background. Cristina is also very strongly involved in supporting female employees to reach equal opportunities, develop and reach their full potential. Richard is a Toronto based marketing consultant, educator and facilitator. Since launching Rich Content in 2008, Richard

**Session
description**

has developed and managed numerous marketing programs including branding, integrated and digital marketing, content and on-boarding programs for a variety of clients, and has worked to develop and nurture marketing management and leadership skills amongst emergent marketing professionals and facilitated creative problem solving and group dialogue at a diverse range of organizations including Aeroplan, Amex, BDC, CAA, CARA, CBC, Canada Post, Tangerine and Public Health Ontario. Prior to starting his own practice Richard was a Marketing Director at Rogers Communications and also spent 20 years honing his solution-focused skills in the advertising business.

How can we use the SF framework and language we've learned about therapy and coaching into organizations? After all, organizations – for-profit and not-for-profit - have established practices and a language of their own. Think of the difference between a bank and an NGO!

How do we take the SF framework, (what's already working, suppose we made progress, etc.), and work with the resistance to change that is the reason you are there to help. Then you have to work with teams, large and small.

Region: THE AMERICAS

Title	Helping Children Chase Away Worrey: Understanding and managing anxiety in children
Timeslot	5:00 – 6:00 pm CST
Presenter(s)	Semiramis du Sautoy
Bio	Semiramis is a registered Clinical Counselor with almost a decade of clinical experience working with children and families towards their preferred future. In my work with clients, she focuses on their existing strengths to help them build capacity for their desired change. She received her training in South Africa where she was registered as an Educational Psychologist and ran her own private practice for seven years. Now, in Vancouver B.C., she provides psychotherapy for children from 4 years old to 18 years old; she also works with adult clients. She specializes in the management of anxiety, depression, divorce, behavioral difficulties and life transitions.
Session description	This talk is aimed at assisting Professionals working with children, parents and caregivers in gaining a better understanding of how anxiety manifests in children. This talk will look at practical ways to empower children and families to work towards their preferred future by using their already existing resources and abilities. Anxiety manifests in different ways in different children. It can affect general behavior, academic performance, and social interaction; sleep patterns, internal dialogue, emotional reactions and self-esteem.

Anxiety is not always all bad, a certain level of anxiety is healthy and at times necessary to move onto the next developmental milestone and learn new things...to step out of one's comfort zone and push limits. However, there is a fine line between healthy levels of anxiety and anxiety that stands in the way of development and progress.

Region: THE AMERICAS

Title	Speeding up Social Change
Timeslot	5:00 – 6:00 pm CST
Presenter(s)	Alan Kay Cristina Mühl
Bio	Alan Kay has been leading and facilitating action-oriented change for his entire career. A fully recovered ad guy, Alan was first trained in Solution Focus at the Hinks-Dellcrest in Toronto. He has since worked using SF for a broad range of sectors and organizations – from banks to children's aid. The applications he works on for clients include strategic planning, customer experience, and developing student-centric learning environments. His well-received book, 'Fry the Monkeys, Create a Solution', has sold in many countries. Cristina's background in compliance, audit, consulting and international business arena made her realize how important coaching was in the current scenario of corporate world. She specializes in coaching organizations and individuals with compliance, audit, and risk management background. Cristina is also very strongly involved in supporting female

**Session
description**

employees to reach equal opportunities, develop and reach their full potential. She is also involved in coaching NGOs as she understands the need from her experience as member of the Board of one.

“Change is happening all the time. Our role is to identify useful change and amplify it.” — Gregory Bateson

That is a quote that both Alan and Cristina would vow by straight away.

Especially in the current times when we are relying on constantly checking statistics to get a glimpse into the near future.

Change is not something to be feared and studies showed that with the right mindset it will bring plenty of creativity and innovation.

How Solution Focused concepts matching with change? “If it’s not working, do something different” is the best example of how should change be incorporated in the coaching and therapy process.

We aim at having a conversation focusing on a model framed by Alan following his work with different NGOs and bring the concept of “socializing change” into the spot-light. Cristina’s experience of working with NGOs internally and as coach will bring relevant examples of how looking through the lenses of others will bring change closer to taking place.

Region: THE AMERICAS

Title	Bringing Research into the Therapy Room
Timeslot	5:00 – 6:00 pm CST
Presenter(s)	Adam Froerer Beverley Kort Kristin Bolton Sara Smock Jordan
Bio	Adam Froerer teaches at Mercer University in Atlanta, Georgia, USA. Adam is also a trainer and the Director of Research for The Solution Focused Universe. Adam works to bridge the gaps between research and clinical practice. Beverley Kort is a Registered Psychologist in Private Practice in Vancouver, BC. Sara Smock Jordan, PhD, LMFT is the program director, and associate professor, of UNLV's Couple and Family Therapy Program. Sara's main research focus is applying solution-focused brief therapy (SFBT) to a wide variety of clinical issues. More specifically, Sara uses microanalysis of face-to-face dialogue to uncover phenomena in therapeutic dialogues. Her work on applying SFBT with substance abusers has been recognized on SAMHSA's NREPP registry as an evidence-based approach and she serves on SFBTA's research committee. She is also the newly appointed editor of Journal of Solution Focused Brief Therapy.

Region: THE AMERICAS

Title	Plenary 3 - Fostering Resilience and Post-Traumatic Growth
Timeslot	5:00 – 6:00 pm CST
Presenter(s)	Brigitte Lavoie
Bio	Brigitte Lavoie is a crisis intervention specialist with 30 years of experience as a trainer, supervisor and clinical psychologist. Much of her expertise with trauma comes from her extensive work in suicide prevention. As the executive director of Suicide Action Montreal, Canada's largest suicide prevention center, she played a key role in implementing solution-focused practices in the province of Quebec. She has always been interested in translating research into clinical practice, and she has a particular passion for communicating recent findings on resilience and post-traumatic growth. In 2019, she organised the first bilingual SFBTA Conference and received the Insoo Kim Berg Memorial Award for her contribution to training in SFBT.
Session description	How can we promote resilience and post-traumatic growth in the current context? How do we acknowledge the inequality and injustice our clients face, while still conveying our hope, optimism, and belief in their resources and strengths? How do we recognize the power of individuals to act, without forgetting that this is much harder for members of some groups to do? Combining solution-focused practices and knowledge of post-traumatic growth can help us navigate these dilemmas so that we can foster the positive changes that can occur after a trauma, without ignoring the wrongs that were done, and recognize an individual's potential, while denouncing the injustices they have faced. This combination

of attitudes, values, knowledge, and techniques can also help practitioners maintain their own sense of wellbeing, as they continue to advocate for their clients.

Region: THE AMERICAS

Title	SFBT in the LGBTQ Community
Timeslot	5:00 – 6:00 pm CST
Presenter(s)	Bekka Ouer
Bio	Rebekka Ouer is a clinical social worker who specializes in solution focused work with the LGBT community. She owns and operates Dallas Rainbow Counseling, a private practice in Dallas, Texas that has been serving this community since 2011. She has served as an adjunct professor at UTA’s School of Social Work and she is also a clinical supervisor for LMSW’s in Texas. She frequently conducts trainings about Solution-Focused Brief Therapy and the LGBT community and has authored a book from Routledge Publications: Solution Focused Brief Therapy with the LGBT community: Creating Futures through Hope & Resilience.
Session description	How can we promote resilience and post-traumatic growth in the current context? How do we acknowledge the inequality and injustice our clients face, while still conveying our hope, optimism, and belief in their resources and strengths? How do we recognize the power of individuals to act, without forgetting that this is much harder for members of some groups to do? Combining solution-focused practices and knowledge of post-traumatic growth can help us navigate these dilemmas so that we can foster the positive changes

that can occur after a trauma, without ignoring the wrongs that were done, and recognize an individual's potential, while denouncing the injustices they have faced. This combination of attitudes, values, knowledge, and techniques can also help practitioners maintain their own sense of wellbeing, as they continue to advocate for their clients.

Region: THE AMERICAS

Title	(Restorative) JUSTICE With a Solution-Focused Approach
Timeslot	5:00 – 6:00 pm CST
Presenter(s)	Sofie Geisler
Bio	She is an international consultant, governmental adviser and trainer in solution building in critical situations, conflict management and change processes. She has worked with public policy programs and reforms, change processes, police and security topics, academic programs and training as well as with designing and implementing systems of alternative conflict resolution and legal mediation in Supreme Courts.
Session description	What does “justice” look like from a solution focused perspective? Through examples from SF practice in conflict management, mediation and restorative group dynamics, this conference explores some scenarios where SF seems to add something different to commonly used methods to “bring justice”. This does not only tell something about justice and the public systems responsible for it, but also shows an important potential of SF practice and how it can contribute to the new ideas of justice currently taking form worldwide.

Region: AUSTRALASIA

Title	"How do you know what's working?"
Timeslot	11:30 – 12:30 pm AEST
Presenter(s)	Rod Sherwin
Bio	Rod Sherwin is a solutioneer, coach, change catalyst, facilitator and speaker who uses solutions-focused approaches as a direct route to create Business Agility and respectful lasting change for individuals, teams and organisations. Combining over 25 years experience in IT with professional coaching practice, Rod has applied his unique experience to create positive organisational change in industries such as telecommunications, government, civil engineering, digital, banking and consulting. Having seen how agile approaches have helped improved the way we work at team level, Rod is now facilitating business agility to allow companies to respond and adapt to the rapid pace of change and competitor innovation.

Region: AUSTRALASIA

Title	Strong Teaming with Solution-Focused
Timeslot	12:30 – 13:30 pm AEST
Presenter(s)	Adam Lim
Bio	Adam Lim is the Client Solutions Partner of BRIEF Academy. He is well recognized in the industry with over 20 years of specialized journey – helping organizations to build a strengths-based workforce and develop key talents to achieve competitive advantage. Adam has presented internationally and across many cultures having done organization development and facilitation work in Singapore, Malaysia, Thailand, Australia, the United Kingdom, Japan, China, Hong Kong, India, and United States of America. Over the last 2 decades, he has worked with leaders and managers in the Military, Information Technology, Automotive and Retail industries.

Region: AUSTRALASIA

Title	Wheel of limits
Timeslot	12:30 – 13:30 pm AEST
Presenter(s)	Alina Kibbel
Bio	Alina Kibbel, trainer and life coach, started 3 years ago her journey using the solution focused approach. She is living now in NZ, where she started the Good morning coaching group, a place where people use solution focused exercise to keep their mind healthy and active. Alina is also helping people to set up healthy boundaries in all aspects of their

lives, using what they already have and looking at what is already working.

Region: AUSTRALASIA

Title	Using the Power of Lists to Create Change with Clients
Timeslot	12:30 – 13:30 pm AEST
Presenter(s)	Adrian Holmes
Bio	Adrian Holmes is a family therapist, clinical supervisor and SF trainer based in Brisbane, Australia. Adrian has been working in the field for 10 years and is currently completing PhD research in the mental health field. Adrian co-founded the training and supervision organisation Tools For Hard Conversations and recently released his first book entitled Tools For Hard Conversations in the Helping Professions

Region: AUSTRALASIA

Title	Resilience Doughnut
Timeslot	1:00 – 2:00 pm AEST
Presenter(s)	Lyn Worsley
Bio	Lyn Worsley B.A.hons(psych), R.N., (MA Clin)MAPS Lyn is a Clinical Psychologist and a Registered Nurse. She is the director of the Resilience Centre in Sydney Australia, which has a reputation for innovative solution -focused approaches to client change through individual and group

therapies for over 21 years. At the Resilience Centre, Lyn supervises specialist psychologists, and coordinates community seminars, training workshops, and resilience groups for people of all ages. Lyn and the team of Psychologists at the Resilience Centre have set up specialist clinics for youth with eating difficulties, adults with past trauma and a unique service for separated families using a solution focused family intervention model.

Lyn is also the author of the Resilience Doughnut, a pioneering model showing the strong contexts where resilience is enhanced, both during development and throughout adulthood. The Resilience Doughnut has now become a foundational ecological model of resilience which is recognised internationally. The work of the Resilience Doughnut across a whole organisations builds awareness of the coping resources available and enhances a culture of resilience.

Region: AUSTRALASIA

Title	He Ahiahi Pokopoko – Creating Hope
Timeslot	1:30 – 2:00 pm AEST
Presenter(s)	Andrea Lemm
Bio	Andrea Lemm is a Registered Social Worker with 15 years of social work experience in statutory child protection social work in Germany, England and in Aotearoa/ New Zealand. Her passion for solution focused practice started at University in Germany in 2002. She completed a certificate in Solution focused practice at BRIEF in London in 2008 (huge thanks to Chris Iveson and Guy Shennan her trainers at that

time). Andrea and her family moved to New Zealand in 2012. She has been working as a social worker supervisor at Oranga Tamariki then Child, Youth and Family for the past eight years. Andrea and her friend Roxy Bretton have started a solution focused practitioner group in Dunedin in March 2017. Andrea is a board member of the Australasian Association for Solution Focused Brief Therapy. She is a mum of two beautiful children and she loves Rockabilly and Punk music and is collecting vinyl records. Andrea is passionate about learning the Maori language and culture having recently completed a Diploma in te reo Maori.

Region: AUSTRALASIA

Title	Conversations in Custody
Timeslot	2:30 – 3:30 pm AEST
Presenter(s)	Emma Burns
Bio	Emma has worked in mental health, education, traumatic incident response and was the national clinical advisor for suicide bereavement. Since 2010 she has been employed by NZ Police, and is currently based within the family harm team. She has a special interest in suicide prevention, and is currently developing a project called Conversations in Custody, talking with people in police custody. She is the vice president of the Australasian Association for Solution Focused Brief Therapy, and has a small part time business delivering training, supervision and counselling.

Region: AUSTRALASIA

Title	Tuning into the Good
Timeslot	2:30 – 3:30 pm AEST
Presenter(s)	Stephanie Schwarz
Bio	Steph Schwarz is engaged in resilience-building work for individuals and systems at local and international levels. Over the past 20 years she has worked in Ethiopia and Australia, providing psychological counselling and consulting, and developing initiatives to strengthen worker well-being and resilience. The Solutions Focused Approach is a key ingredient for this work.
Session description	Resilience research points to important practices that enhance worker well-being and resilience. Practitioners have a key role in translating research outcomes to best practice to benefit workers within organisations. In this workshop, I will describe a method of implementing Vicarious Resilience research findings through lay workers. We will see how Solutions Focused skills are instrumental for making key behaviours accessible to a broad audience.

Region: AUSTRALASIA

Title	Creating a Treasury in SF
Timeslot	2:30 – 3:30 pm AEST
Presenter(s)	Carey Glass Sofie Geisler

Bio

Carey Glass is a Management Consultant, Organisational Psychologist, and one of the Editors of the Journal of SF in Organisations – InterAction. Her business “changewithease” reflects the miracle that happens when we move away from problem-focused approaches. She has brought SF to all areas of corporate and public sector life from strategy, to performance management, to occupational health and safety, to culture, coaching and complexity helping create far-reaching change with ease. She has published case studies describing the transformation that SF brings. She is an international consultant, governmental adviser and trainer in solution building in critical situations, conflict management and change processes. She has worked with public policy programs and reforms, change processes, police and security topics, academic programs and training as well as with designing and implementing systems of alternative conflict resolution and legal mediation in Supreme Courts.

Session
description

This will be the very first imaginative step in creating a Treasury of SF. We have developed SF in all areas of practice for 20 years. It’s time to have a look at what we have done. Our best hope is to build a treasury of all of us and of all that we offer. A treasury to share, a treasury to explore how SF has changed, a treasury in which to add something that you care about. What have you added to SF to make it shine in our world? What examples do you have? What difference has doing that made?

Region: AUSTRALASIA

Title	Using the Solution-Focused Approach with Small Groups
Timeslot	2:30 – 3:30 pm AEST
Presenter(s)	Matt Cameron
Bio	Matt Cameron is the coordinator for Grief and Loss in South Canterbury, NZ. He has been doing this work for about nine years now and in 2016 was introduced to the Solution Focused approach, which fitted well with his CBT training and took him to another level of enthusiasm. At that time he promptly integrated some Solution Focused activities into the Grief and Loss programme. Over the last two years, especially, he has made Solution Focused a significant part of the Programme and has seen how powerful the approach supports change and growth in the clients. Matt is also a school teacher and tennis referee and he uses his Solution Focused skills in these contexts also. He has been an SFU member for over a year, which has been instrumental in his development. He will be facilitating a conversation around his use of the Solution Focused approach alongside a set programme (a curriculum) and how well it works in a group setting.

Region: ASIA

Title	Asia Plenary
Timeslot	2:30 – 3:30 pm SST, For India, -2.5 hrs
Presenter(s)	Edwin Tan Yeung Ka Ching Luo Hong Hsu Wei-Su
Bio	香港大学社会工作及社会行政学系首席讲师，北京師範大學社會發展與公共政策學院客座教授及社會工作室顧問，資深社會工作者，尋解聚焦治療師，家庭研究學者。一九九〇年開始在大學任教，主要教授個案輔導工作、社會工作與家庭、家庭治療法、生涯技巧訓練、尋解聚焦治療法等。曾數度被選為傑出教師，是一位深受學生愛戴之老師。自一九八八年認識尋解聚焦治療法之創始人InSoo Kim Berg及 Steve de Shazer後便一直保持緊密聯繫直致他們過世。曾發表多篇有關尋解聚焦治療法的著作如《對精要治療的一些理解，1995》，《尋解導向模式：應用與反思，1996》，《解困之道：尋解面談應用手冊及個案匯編，2001》，《迎刃而解－尋解聚焦輔導，2016》等。現任香港婚姻及家庭治療協會專業顧問，積極教授和推動香港家庭治療。是香港第一代尋解聚焦治療法的主要推動人物。He is now serve as Principal Lecturer in the Department of Social Work and Social Administration of The University of Hong Kong. He is also now Honorary Professor of the School of Social Development and Public Policy of the Beijing Normal University and the Advisor of their Social Work Practice Center. He is an experienced social worker, family study scholar and solution focused therapist. He knew InSoo Kim Berg and Steve de Shazer when they started to giving

workshop in Hong Kong at the end of 1980s. He started a Solution-focused therapy team in the Department of Applied Social Studies in the Polytechnic University in the early 1990s actively teaching and promoting solution-focused therapy in Hong Kong. InSoo Kim Berg and Steve de Shazer were invited regularly to work with the team until they passed away. He is an iconic figure in promoting solution focused therapy in Hong Kong.

骆宏：杭州焦点解决中心发起人，心理学博士，主任医师，杭州师范大学儿童青少年心理健康研究所所长。是中国大陆最早推广、践行焦点解决的学者。

Founder of Solution-Focused Centre, doctor of Psychology, chief physician, Director of Institute of Child and Adolescent Mental Health, Hangzhou Normal University. It is the earliest scholar in mainland China to promote and practice SFBT.

臺灣師範大學教育心理與輔導學系教授，臺灣焦點解決中心顧問，2013年11月榮獲美加地區焦點解決短期治療協會「紀念Insoo Kim Berg卓越貢獻訓練師獎」許維素教授投入於焦點解決短期治療（SFBT）二十多年之久，著有4本SFBT相關叢書，共校閱與翻譯了10本SFBT相關著作，發表關於SFBT約25篇送審研究、5篇專書文章、24篇研討會論文以及47篇一般文章。

Hsu, Wei-Su, a Ph.D. in Educational Psychology and Counseling in Taiwan, is a professor in the Department of Educational Psychology and Counseling at National Taiwan Normal University in Taiwan. She is also the Honorary Consultant of the Taiwan Solution-Focused Center and the Honorary Director of the China Solution-Focused Center., Dr. Hsu has been devoting herself to promoting SFBT in Taiwan via giving lectures, providing training workshops, and

supervising practitioners. She has been often invited to China as a trainer and a supervisor of SFBT. Conferred the 2013 Insoo Kim Berg Memorial Award for Significant Contribution to Training of Solution-Focused Brief Therapy Association in USA is really appreciated by Dr. Hsu. Dr. Hsu has published 25 SFBT research papers, has proofread and translated 8 English SFBT books into Chinese versions, and also has written 4 books, 5 books chapters and 47 articles on applying SFBT. In sum, Dr. Hsu is a passionate advocator of SFBT.

Region: ASIA

Title	Hangzhou branch of the International Solution-Focused Brief Therapy
Timeslot	4:30 – 6:30 pm SST, For India, -2.5 hrs
Presenter(s)	Luo Hong Guo Junping Zhang Jun Shen Xuanyua
Bio	Luo Hong: founder of Solution-Focused Centre, doctor of Psychology, chief physician, Director of Institute of Child and Adolescent Mental Health, Hangzhou Normal University. It is the earliest scholar in mainland China to promote and practice SFBT. Guo Junping: core member of Solution-Focused Centre, President of Hangzhou Health Promotion Research Institute, has been promoting the application of SF technology in health management for many years.

Session description

Zhang Jun: core member of Solution-Focused Centre, chief physician of psychiatry, who focuses on applying SF to mental rehabilitation of patients in psychiatric hospitals.

Shen Xuanyuan, core member of Solution-Focused Centre, President of Zhejiang SF Social Work Service Research Institute, has been promoting SF in hospital system for more than ten years in the construction of peer support system for medical staff.

Theme: Application of Solution-Focused in hospital System

Theme 1: Discussion on the effective mechanism of SF coaching: Inspired by a cognitive experimental Paradigm.

Keynote speaker: Hong Luo Duration: 60 minutes.

Theme 2: Focus on the health Promotion of women with Menopause Syndrome.

Keynote speaker: Guo Junping Duration: 20 minutes

Theme 3: How to improve the compliance of depressed patients with SF.

Keynote speaker: Zhang Jun Duration: 20 minutes

Theme4: SF orientation: Skills of healthcare workers' Peer supporters -- Illuminating the world through a Light.

Keynote Speaker: Shen Xuanyua

Duration: 20 minutes

Region: ASIA

Title	Ran Team's Multiple Practices of SFBT in China
Timeslot	4:30 – 6:30 pm SST, For India, -2.5 hrs
Presenter(s)	Zhao Ran Yu Danni Zheng Hongwen Sun Xiaobo
Bio	RAN Team was the largest and country-wide renowned SFBT learners and practitioners community in China who have devoted themselves in learning, spreading , applying and researching of Solution-Focused Brief Therapy and Practices. Trainees acquire RAN Team membership once they accomplish the primary courses, participate all RAN Team activities and may ascend to medium and senior level courses. RAN Team programs are featured with being diversified, progressive, immersed and cooperative. Established in 2017, Beijing Focus Management Consulting Co., Ltd. has dedicated in the training, applying, spreading of the beliefs and measures of Solution-Focused Brief Therapy (SFBT), providing professional supports which are rooted in post-modern philosophical concepts and combined with insights into a variety of settings, to facilitate. And BFMC is RAN Team operating agency. Zhao Ran - Professor of CUFE, President of EAPA China Branch, Registered Supervisor, Founder of Ran Team Yu Danni - Solution-Focused practitioner and trainer. Participant in Ran Team (a SF practice community in China) since 2016. Endeavoring to integrate SF ideas into different settings and translate SF books into Chinese. Provide a

Session
description

lecture about how to operate the SF practice community based on SF ideas in 2018 EBTA conference.

Zheng Hongwen - A Solution-Focused practitioner and counselor joined Ran Team in 2016, take team leader of Ran Team's psychological assistance team. She is committed to using solution-focused ideas and knowledge in her work, coach managers and employees in company where she works.

Sun Xiaobo - A Solution-Focused practitioner and trainer and Ran Team member, Amanda is dedicated in spreading and applying SF ideas and skills in broad contexts of working and living. She has translated some SF books into Chinese and provided a lecture about how to operate the SF practice community based on SF ideas in 2018 EBTA conference.

1. 中文演讲

题目：焦点解决四象限模型在新冠疫情心理援助热线中的应用

讲者：赵然

在中国抗击新冠疫情的背景下，焦点解决短程咨询（SFBT）四象限模型在疫情心理援助热线中的应用,结合了热线咨询的典型案例，有助于更好地了解四象限模型在疫情心理援助热线中可以发挥的作用与价值。

Title: Application DOQ Model of SFBT to COVID-19
psychological Assistance hotline
Keynote speaker: Zhao Ran
Duration: 30 minutes

From the view of SFBT, under the background to COVID-19, the application of Dialogic Orientation Quadrant (DOQ) in the epidemic psychological assistance hotline is discussed. Some examples are given to help audiences better understand the value of DOQ in epidemic psychological assistance hotline.

2. 英文演讲

题目：平凡的理念带来非凡的改变——燃料队焦点实践创造不一样的人生

讲者：于丹妮

在演讲中将分享在燃料队学习焦点解决前后的改变的故事。
。邀请大家在聆听的过程中思考并分享给身边的朋友。

Title: Ordinary Ideas make extraordinary change: Ran Team's practices bring difference in daily life

Keynote speaker: Yu Danni

Duration: 30 minutes

In this lecture I would like to share some stories and ideas of how Ran Team members' are benefit from our practice together. Meanwhile, during the lecture, there are some questions for you to think and share.

3. 中文演讲

题目：让我们离焦点解决更近一些——燃料队疫情期间心理援助和焦点解决云学堂的实践

讲者：郑红文

时间：30分钟

分享在疫情期间燃料队公益心理援助服务的实践，以及来自不同地域、不同行业的人们在燃料队如何线上学习焦点解决。

Title: Get Closer to SFBT: Psychological assistance and learning online practice in Ran Team in Covid-19 pandemic

Keynote speaker: Zheng Hongwen

Duration: 30 minutes

I would like to share practices of psychological assistance which Ran Team provided in Covid-19 pandemic in China. And how Ran Team organizes people from different regions and different industries learn solution-focused knowledge on line.

4. 英文演讲

题目：超越培训--如何打造组织中可持续发展的焦点解决应用项目

讲者：孙晓波

时间：30分钟

在这个演讲中，我将分享一些如何利用焦点解决思维，设计和实施在中国的企业组织中焦点解决应用项目，并让它们持续不断发展的经验和案例。

Title: Beyond Training-- How to build continuously developing solution-focused practice project in organizations in a SF way

Keynote speaker: Sun Xiaobo

Duration: 30 minutes

In this lecture I would like to share some experiences and cases of how to use solution-focused mindset to design and implement solution-focused projects that can continuously develop with enterprises and education organizations in China.

Region: ASIA

Title	Title of Talk: SF + Gamification = ? 主题: 焦点解决 + 游戏化 = ?
Timeslot	4:30 – 5:00 pm SST, For India, -2.5 hrs
Presenter(s)	Ee Mong Lan
Bio	Ee Mong Lan – Certified Solution-focused Coach
Session description	Effective Coaching can bring out the untapped potential of people. Mong Lan has a strong belief in people's potential. Given the right coaching, she believes that people will be able to discover and develop those potential and advantages fully. 余梦兰– 焦点解决认证教练 高效教练可以启发个人的潜能。余梦兰教练对人力资源发展有很大的热忱。她相信每个人都有自己的优势与潜能。只要给予适当的引导，每个人都能充分发挥其优势与潜能。

Region: ASIA

Title	Magic Questions for Career Coaching 职业教练的魔法提问
Timeslot	4:30 – 5:00 pm SST, For India, -2.5 hrs
Presenter(s)	Goh Hwee Kiang
Bio	- Solution Focused Career Coach - Strength-based approach

Region: ASIA

Title	Solution-Focused Therapeutic Conversation: Neuro-psycho-physiological Changes
Timeslot	5:30 – 6:00 pm SST, For India, -2.5 hrs
Presenter(s)	Jaseem Koorankot
Bio	Jaseem Koorankot, PhD is a Licensed Clinical Psychologist and Solution Focused Therapist, currently working as an assistant professor of clinical psychology at the Institute of Mental Health and Neurosciences (IMHANS), Calicut, India. Dr. Jaseem is the founder of Association for Solution Focused Practices -India (ASFP-I) and the Co-founder of Academy for Solution Focused Approaches & Research (ASFAR). Jaseem has published scientific papers and presented at Solution Focused World Conferences, Annual conference of Australian Association for SFBT and European Brief Therapy Association (EBTA). He won the EBTA research grants in 2016 and 2018, as well as a research grant from the Cognitive Science

	Research Initiative and Indian Council for Social Science Research in 2019.
Session description	The session will focus on integrating the researches conducted to study the effect of solution-focused therapeutic questions on neurocognitive components, psychophysiological state and affective experiences. The research provides empirical support for solution-focused brief therapy, showing that the solution-focused questions tested were more effective than the problem-focused questions on making impactful change in neurocognitive components, psychophysiological state and affective experiences. Positive emotional states may trigger enduring changes in the structure and function of the brain, which promote further adaptive thoughts and behaviours.

Region: ASIA

Title	Designing Solution-Focused Radical Help
Timeslot	6:30 – 7:30 pm SST, For India, -2.5 hrs
Presenter(s)	Guy Shennan Marc Gardiner Carolyn Emanuel
Bio	We are members of the Solution-Focused Collective, a group of solution-focused practi-tioners who share a belief in the potential of the solution-focused approach for social change, towards greater social justice. Marc hosts the Collective’s reading group, which we all regularly attend.

Session
description

Published in 2018, *Radical Help* was the first book discussed by the Solution-Focused Collective Reading Group, whose review will be published in the summer 2020 edition of the *Journal of Solution-Focused Practices*. At the heart of Hilary Cottam’s book is the social design process used to create a series of “experiments” that gave people the control to improve their own lives. We will present this process and the solution-focused-friendly principles it is based on, and invite participants to use it to design a solution-focused social service, fit to grace a 21st century welfare state.

Region: ASIA

Title

How to Teach the Principles of SF to Ordinary People

Timeslot

6:30 – 7:30 pm SST, For India, -2.5 hrs

Presenter(s)

Ben Furman

Bio

Ben Furman is a Finnish psychiatrist and internationally active teacher of solution-focused therapy. Over the years he has taught numerous times in Asia, including Singapore, Malaysia, India, Japan and China. He has written or edited more than 30 books about brief therapy and its applications many of which have been translated to several languages. Together with his long-time colleague Tapani Ahola he has developed several applications of SFT including Kids’Skills for helping children overcome problems, Reteaming for coaching teams and individuals, and Cooperation for teaching solution focused communication to managers and staff of organizations. Find out more about Ben by visiting his newly revised website

Session description	Solution-focused therapy is too good to be taught only to therapists, counsellors and coaches. The simple principles of this method can be helpful and useful to everyone who works with people, be they educators, managers, parents, businesspersons, hairdressers... Whatever profession one has, one can always put some solution-focused ideas into practice to improve communication and collaboration. I will be happy to share with you some of my ideas of how to teach solution-focused communication to ordinary people in a solution-focused manner.
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Region: ASIA

Title	Tackle your Challenge, Just Simple
Timeslot	6:30 – 7:30 pm SST, For India, -2.5 hrs
Presenter(s)	Ella de Jong
Bio	Ella de Jong (NL): SF enthusiast - teacher, writer, trainer, Master Ecological Pedagogy. Author ebook “Solution Focused Mentoring. 5 Steps to bring out the best in your Mentee and yourself”(over 35,000 downloads). Translated into Dutch (and complemented) Paolo Terni’s book about Solution Focused Stories and Classroom Activities.”. Ella presented self activating workshops at SF Conferences in The Netherlands, Germany, Bulgaria, Italy, United States and Canada. Her new online service (self activating) ‘Tackle your challenge, simple!’ has proven to be very useful for both SF practitioners and for people who have never heard of the solution focused approach before.

Session
description

An one hour online Masterclass WORKshop. You are guided through nine self activating SF activities while working out your personal challenge.
No need to share the challenges, no need to talk at all. No need for the attendees to be visible.
Please have some papers and (coloured) pencils ready to use.

Region: ASIA

Title

The 3-legged Quality Pot: Self-regulation Talk with humor, self-compassion and rigor

Timeslot
Presenter(s)

6:30 – 7:30 pm SST, For India, -2.5 hrs
Svea van der Hoorn

Bio

Svea stumbled into the world of the SF Brief Therapy in 1989 and has been exploring ever since - especially in the border territories between therapy, coaching, and training. Nowadays, Svea works mainly in adult education for mental health and coaching professionals, drawing on her expertise in educational psychology, leadership and management, and eco-systemic thinking. She offers online courses in coach-specific training, and supports ethical practice through online SF supervision groups, and Internal Coaching Federation (ICF) mentor coaching. Svea serves on the Ethical Review Committee of the ICF, and is an editorial board member of the Journal of Solution-focused Practices (JSFP).

Session
description

We know problem talk grows stuckness, and solution talk grows hope and possibilities. So how might Self-regulation Talk grow quality? As a psychologist, Svea experiences the

impacts of statutory regulation. As an International Coaching Federation Master Certified Coach, she experiences the demands of self-regulation, within the context of guidelines and ethical codes that come from belonging to professional associations / organizations. In this interactive session, we will explore Self-Regulation Talk as a way to learn from memorable moments in our everyday SF practice with clients. These memorable moments include dazzling successes, forward moving progress stories, the stickiness of being stuck, and those muddling along moments. Svea will offer activities that invite practitioners to harmonize rigor with self-compassion and a touch of humor.

Region: ASIA

Title	Being Solution-Focused During a Pandemic
Timeslot	6:30 – 7:30 pm SST, For India, -2.5 hrs
Presenter(s)	Annette Gray
Bio	Annette Gray is Director of her own consulting business Annette Gray Consulting. She is an experienced and insightful coach, facilitator and speaker on solution focus coaching and mentoring. Her passion is in developing leaders and mentors in being more “coach like” and taking a Solution Focused approach that will help them achieve change fast. Along with her tertiary qualifications (Masters of Communication Management and Diploma of Teaching) Annette has completed a Solution Focused Business Professional Certificate at the University of Wisconsin (and recently was a fill in course instructor on this program). She is

Session description

also a Professional Certified Coach with the International Coaching Federation, a Senior Practitioner Coach and Assessor with the European Mentoring and Coaching Council.

It's a common pitfall to focus on problems rather than solutions when conversing with teams or clients and especially now since Corona virus started. But what if you could be asking solution focused questions that steer people to what is working and what they want rather than getting stuck in the "quagmire" of what is wrong?

This session will show you what the difference is between the two approaches and how you can form better relationships with your team and clients if you stick with a solution focus approach, especially now in a time of great uncertainty. This session will:

- Explore what Solution focused is in a world that focuses on what's wrong
- Experience the difference between asking Problem Focus questions compared to Solution Focus questions
- Provide an understanding of a simple framework to where you focus your conversations and how to redirect people

Region: ASIA

Title

Taiwan branch of the International Solution-Focused Brief Therapy - Application of Solution-Focused in school System

Timeslot

4:30 – 6:30 pm SST, For India, -2.5 hrs

Presenter(s)

Hungmao Lin
Yawen Yang
Hsiangyun Chen

Bio

Fengfeng Hu
Shiao-Ling Huang
Shuhui Lin
Hsinhua Lee

We are a team of high school vocational tutors from Taoyuan, and we established the Taiwan Solution Focus Center in 2010. Since we deeply feel the power of SFBT treatment for cases and school counselors, we hope to share it with teachers and parents who are interested in learning the focus of focus solution through promotion training, counseling, supervision and other services.

<https://www.facebook.com/CLHS.solution/>

Hungmao Lin: The Affiliated Zhongli Senior High School of National Central University。

Yawen Yang: The Affiliated Zhongli Senior High School of National Central University。

Hsiangyun Chen: Taoyuan Municipal Shou Shan Senior High School。

Fengfeng Hu: Hsin Sheng Junior College of Medical Care and Management。

Shiao-Ling Huang: Hsin Sheng Junior College of Medical Care and Management。

Shuhui Lin: Taoyuan Municipal Taoyuan Senior High School

Hsinhua Lee: Taoyuan Municipal Nei Li Senior High School

The above speakers are all high school tutors for more than 10 years, and the learning SFBT is resolved for 15-20 years.

Session description

Theme: Application of Solution-Focused in school System
We are a group of practical workers. The content we share focuses on the current status of the implementation of SFBT

on the Taiwan campus. First, through the perspective of the promoter Hungmao Lin, we share the process of learning SFBT since 1998, and then the core of the Taiwan Solution Focus Center Members, share the attitude of training small groups, peer supervision, and SFBT to focus on solving campus crisis cases.